



G U A R A N T E E S L I F E T I M E S E C U R I T Y
NATIONAL UNION OF SEAFARERS OF INDIA

Affiliated to Indian Seafarers Federation (ISF) & International Transport Workers Federation (ITF)

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Circular no. 1 of 2018

07th March, 2018

Dear Brothers and Sisters,

Sub : Mission Naari Shakti (Women Power)
More than 100 women actively participated

The focus of "**Strong Unions need Women**" is very important. In an effort to take it further as an activity of the National Co-ordinating Committee of ITF Indian Affiliates (NCC) and in coordination with the ITF, the **Maritime Union of India (MUI) and National Union of Seafarers of India (NUSI)** conducted a 2 days residential workshop at NUSI Resort, Lonavala on Feb 27th - 28th 2018. The event was also in preparation for the "**International Womens Day**" celebration on the 8th March, 2018.

The focus was to share best practices and connect the activities to empower women members. Emphasis was on the women power (Naari Shakti). Apart from strengthening the individual unions and the work of the NCC, the agenda included session on health care, financial planning, team building, wellbeing, better connect and coordination.

The 2 days residential workshop included an interactive and motivational workshop for women aiming to manage the challenges within their work place in a male dominated industry. An engaging session on financial planning to successfully manage the finances and to prepare for a secure future was also conducted. A lady doctor interacted with the participants on women's health issues. Team building activities and exercises were also a part of the 2 days workshop.

The women participants actively participated and interacted on various topics and shared their experiences in the Mission Naari Shakti (Women Power) workshop February 2018.

We are sharing with you the photographs and the gist of the workshop.

Yours sincerely,

(Abdulgani Y. Serang)

General Secretary-cum-Treasurer
Vice-Chair, ITF Seafarers Section - Asia Pacific Region
Vice-Chair, ITF Asia Pacific Region



Experiences shared



On the topic “SHE INSPIRES”



**Chief Guest, Ms. Tamara Sosa Pascual,
Norwegian Seafarers Union (NSU)
addressing the gathering on the topic
“Women in transport sector”**

**Interactive panel discussion on
“Why women in transport sector
needs to be organised”**



Bonding and interaction with different transport sectors



**Ms. Nishi Kapahi, ITF Delhi office taking session on
“Women in Male Dominated Occupations and Industry”**



Talk by “Women Achievers”



Financial Counseling



Legal expert giving guidance on Indian laws pertaining to women



Doctors session about healthcare



**Explaining the role of the
“National Coordinating Committee”
of Indian affiliates of the ITF (NCC)**



**“Vote of Thanks” by
Mrs. Saleha Zubair Shaikh
of Maritime Union of India womens wing
to an eventful and satisfying workshop**



An entertainment night to remember



“NAARI SHAKTI – Women Power”

Group Discussion



1. SAROJINI NAIDU GROUP

Topic : How to promote employment of women in transport sector



2. KALPANA CHAWLA GROUP

Topic : How to organize women participation in union activities



3. SAVITRIBAI PHULE GROUP

Topic : How to increase women's participation in the decision making in their union



4. RANILAXMI BAI GROUP

Topic : How to increase the role of ITF NCC in promoting women's across the unions



5. SISTER NIVEDITA GROUP

Topic : Social Networking



6. FLORENCE NIGHTINGALE GROUP

Topic : In order to encourage the participation and integration of women in transport sector trade unions who needs to change the unions OR the women's themselves.



7. MANIBEN KARA GROUP

Topic : How to organize the Un-organized



8. LATA MANGESHKAR GROUP

Topic : Working women's "mantra" to success

International Womens Day - 8th March 2018 celebrated by NUSI and Branch Offices



Womens Day Celebrations organized by Mr. Jude Dasan at NUSI office Tuticorin



Womens Day Celebrations organized by Mr. Hemalkumar Rajput at NUSI office Diu



Womens Day Celebrations organized by Mr. S. Kalaikovan at NUSI office Chennai



Womens Day Celebrations organized by Mr. SK Golam Sobhan at NUSI office Kolkata



Womens Day Celebration - 2018 organised by NUSI in Mumbai